

Talk to a  anytime

**Teladoc® gives you 24/7/365 access to U.S. board-certified doctors** through the convenience of phone or video consults. It's an affordable alternative to costly urgent care and ER visits when you need care now.

#### WHEN CAN I USE TELADOC?

Teladoc does not replace your primary care physician. It is a convenient and affordable option for quality care.

- When you need care now
- If you're considering the ER or urgent care center for a non-emergency issue
- On vacation, on a business trip, or away from home
- For short-term prescription refills

#### GET THE CARE YOU NEED

Teladoc doctors can treat many medical conditions, including:

- Cold & flu symptoms
- Allergies
- Bronchitis
- Urinary tract infection
- Respiratory infection
- Sinus problems
- And more!

#### MEET OUR DOCTORS

Teladoc is simply a new way to access qualified doctors. All Teladoc doctors:

- Are practicing PCPs, pediatricians, and family medicine physicians
- Average 15 years experience
- Are U.S. board-certified and licensed in your state
- Are credentialed every three years, meeting NCQA standards

With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician.

**Talk to a doctor anytime for \$40!**

 **Teladoc.com**

 **1-800-Teladoc**

 **Join the conversation at Facebook.com/Teladoc.**

## Three ways to complete your medical history disclosure (MHD)



### Online

The fastest and easiest option. Log in to your Teladoc account at [Teladoc.com](http://Teladoc.com) and complete the "My Medical History" section.

### Mobile app

Log into your account on your mobile device and complete the "My Health Record" section. Visit [Teladoc.com/mobile](http://Teladoc.com/mobile) to download the app.

### Call Teladoc

Call Teladoc if you would like a customer service representative to help you complete your MHD over the phone.

### Why should I fill out the MHD?

Your MHD must be completed prior to requesting a consult and updated each year. The Teladoc doctor will review your MHD prior to a consult, just like the clipboard of medical questions answered at your primary care physician's office.

### Can my company view my MHD?

No. All information is confidential, HIPAA compliant, and will not be shared. Only you and the consulting doctor can view your medical data.

### How quickly can I talk to a doctor?

A Teladoc doctor will call you back within an hour, guaranteed.

### Can I get a prescription or a prescription refill?

Yes. When medically appropriate, Teladoc doctors prescribe medication for treatment of your illness and also can prescribe short term prescription refills. Teladoc doctors do not prescribe DEA controlled substances.

With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician.

## Talk to a doctor anytime for \$40

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