

UAB POST DOCTORAL



Effective Dates: January 1, 2025 – December 31, 2025

Attachment A to Certificate of Coverage

The Plan's services and benefits, with their copayments, coinsurance, and some of the limitations, are listed below. Services received in a primary, specialty, or urgent care office may be subject to a copay or coinsurance in addition to the office visit cost-sharing depending on the type of service received. Please remember that this is only a brief listing. For further information, plan guidelines, and exclusions, please see the Certificate of Coverage.

MEDICAL BENEFITS	COVERAGE
CALENDAR YEAR OUT-OF-POCKET MAXIMUM: The most a Member will pay per Calendar	
Year for qualified medical, mental, and substance use disorder services, prescription drugs,	
and specialty drugs. The maximum includes copayments, and coinsurance paid by the Member	
for qualified services but does not include premiums or out-of-network charges over the	\$7,350 per individual; \$14,700 per family
maximum payment allowance. See the Certificate of Coverage for details. Amounts from	
manufacturer coupons or similar assistance programs used to satisfy Member Copayments or	
Coinsurance do not count toward the Out-of-Pocket Maximum.	
PREVENTIVE CARE:	
Well Baby Care (Children under age 3)	
 Routine Physicals (One per Calendar Year for ages 3+) 	
Covered Immunizations	
	100% Coverage
OB/GYN Preventive Visit (One per Calendar Year)	100% Coverage
Preventive Prenatal Care	
Nutritionist Preventive Visits (Up to 3 per Calendar Year with a Registered Dietitian or	
Nutritionist)	
 Other preventive items and services (See Certificate of Coverage for details) 	
OTHER PRIMARY CARE SERVICES:	
Medical Physician Services	\$20 Copayment per visit
Illness and Injury	\$20 Copayment per visit
Hearing Exams	\$20 Copayment per visit
X-Ray and Laboratory Procedures	100% Coverage
 Covered Genetic Testing 	80% Coverage
SPECIALTY CARE: (PCP Referral Required)	¢20.0
Medical Physician Services	\$30 Copayment per visit
Illness and Injury	\$30 Copayment per visit
X-Ray and Laboratory Procedures	100% Coverage
 Covered Genetic Testing 	80% Coverage
OB/GYN Services (No PCP Referral Required)	\$30 Copayment per visit
URGENT CARE CENTER SERVICES:	
Medical Physician Services	\$20 Copayment per visit at UAB Urgent Care; \$30
Illness and Injury	Copayment per visit at all other urgent care centers
VISION CARE: (No PCP Referral Required)	
One routine vision exam per Calendar Year	\$30 Copayment per visit
Other eye care office visits	
ALLERGY SERVICES: (PCP Referral Required)	
	\$20 Consument per visit
Physician Services Tasting	\$30 Copayment per visit
• Testing	100% Coverage
DIAGNOSTIC SERVICES: (Including but not limited to CT Scan, MRI, PET/SPECT, ERCP)	100% Coverage
OUTPATIENT SERVICES:	100% Coverage
Surgery and Other Outpatient Services	20070 0010:080
HOSPITAL INPATIENT SERVICES:	
Physician and Facility Services	\$250 Copayment per admission (waived at UAB)
INFERTILITY SERVICES: (Subject to a \$5,000 maximum family medical lifetime benefit and a separate	\$5,000 maximum family prescription drug lifetime benefit.
Eligibility limited to subscriber and/or subscriber's spouse.)	
Initial consultation and counseling session	\$30 Copayment per visit; One per Lifetime
Semen analysis, HSG test, and endometrial biopsy	\$0 Copayment; One per Lifetime
 Medically Necessary office visits and tests (ultrasound, laboratory tests) 	\$30 Copayment per visit
 Prescription drugs 	Cost varies by tier
	100% Coverage
	100% Coverage
intrauterine insemination (IUI) and in vitro fertilization (IVF)]	
MATERNITY SERVICES:	¢20. Construction of delivery
Physician Services (Prenatal, delivery, and postnatal care)	\$30 Copayment per delivery
Maternity Hospitalization	\$250 Copayment per admission (waived at UAB)
Newborn care and other services covered only for enrolled child of employee or employee's spou	
of birth or adoption for baby's care to be covered. No coverage for childre	n of employee's dependent child.
EMERGENCY ROOM SERVICES:	\$50 Copay/visit (waived if admitted within 24 hours)
EMERGENCY AMBULANCE SERVICES: (Must be Medically Necessary)	100% Coverage
DURABLE MEDICAL EQUIPMENT AND PROSTHETIC DEVICES:	100% Coverage
MEDICAL NUTRITION SERVICES: (Limited to 6 visits per Calendar Year with a Registered	
Dietitian or Nutritionist)	\$30 Copayment per visit



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MEDICAL BENEFITS	COVERAGE	
DIABETES SELF MANAGEMENT EDUCATION:	\$30 Copayment per visit	
DIABETIC SUPPLIES: Insulin covered under prescription drug rider. For Diabetic	100% Coverage	
Supplies call VIVA HEALTH.	100% Coverage	
SKILLED NURSING FACILITY SERVICES: (100 days per Lifetime)	100% Coverage	
HOME HEALTH CARE SERVICES: (Limited to 60 visits per Calendar Year)	100% Coverage	
REHABILITIATION AND HABILITATION SERVICES: Physical, Speech, and	\$30 Copayment per visit;	
Occupational Therapy and Applied Behavior Analysis	\$250 Copayment per admission (waived at UAB)	
CHIROPRACTIC SERVICES: (PCP Referral Required)	\$30 Copayment per visit	
TEMPOROMANDIBULAR JOINT DISORDER:	\$30 Copayment per visit	
SLEEP DISORDERS:	\$30 Copayment per visit;	
Sleep Study	100% Coverage	
TRANSPLANT SERVICES:	100% Coverage after \$250 Hospital Copayment (waived at UAB)	
MENTAL HEALTH & SUBSTANCE USE DISORDER SERVICES:		
Inpatient Services	100% Coverage after \$250 Copay/admission (waived at UAB)	
Outpatient Services ¹	\$30 Copayment per visit	
¹ Outpatient office visits require a PCP referral.		
MEDICAL BENEFITS	COVERAGE	
COVERED PRESCRIPTION DRUGS ² :		
Generic Drugs		
 From a Participating Pharmacy 	\$15 Copayment per 30-day supply	
 Mail-order 	\$30 Copayment per 90-day supply ³	
 Participating Pharmacy 	\$45 Copayment per 90-day supply ³	
Preferred Brand Drugs		
 From a Participating Pharmacy 	\$45 Copayment per 30-day supply	
o Mail-order	\$113 Copayment per 90-day supply ³	
 Participating Pharmacy 	\$135 Copayment per 90-day supply ³	
Non-Preferred Brand Drugs	670 Canaumant nor 20 day supply	
 From a Participating Pharmacy 	\$70 Copayment per 30-day supply	
• Mail-order	\$175 Copayment per 90-day supply ³	
 Participating Pharmacy 	\$210 Copayment per 90-day supply ³	
Biological Drugs, Biotechnical Drugs, and Specialty Pharmaceuticals ^{4,5}	80% Coverage	
Oral Contraceptives	\$0 Copayment for generic and select brand drugs; Applicable	
· · · · · · · · · · · · · · · · · · ·	Copayment for other brand drugs	
 Weight Loss Drugs (Contrave, Qsymia, Saxenda, and Wegovy)⁶ 	70% Coverage after \$200 weight loss drug deductible per member	
 Diabetic Testing Supplies 	100% Coverage	
² Come medications may require prior authorization from VIVA HEALTH For further informa	C	

²Some medications may require prior authorization from VIVA HEALTH. For further information, please contact Customer Service at the phone number listed below. ³A 90day supply is as written by the provider, unless adjusted based on the drug manufacturer's packaging size, or based on supply limits. ⁴May be administered in the home, physician's office or on an outpatient basis. There is a Member out-of-pocket maximum of \$2,000 per Member per Calendar Year for biological drugs, biotechnical drugs, and specialty pharmaceuticals. When these medications are received from Express Scripts, they must be ordered by calling 1-800-803-2523. For a list of medications in this category, please refer to https://www.vivahealth.com/Group/Login/ ⁵Cost Sharing for certain specialty drugs may vary and be set to the maximum of any available manufacturer-funded copay assistance programs and is not applied to the out-of-pocket maximum. ⁶Cost Sharing for weight loss drugs (Contrave, Qsymia, Saxenda, and Wegovy) does not apply to drugs prescribed for diabetes. Cost Sharing for drugs prescribed for diabetes follows standard formulary tiering.

> When generic is available, Member pays difference between generic and Brand price, plus Copayment. Check with your participating pharmacy to learn if it is eligible to offer a 90-day supply at retail.

> > \$0 Copayment

SMOKING CESSATION PRODUCTS:

Two, 12-week treatment courses total per Calendar Year. Prescription required. [Generic nicotine replacement products (including the patch, lozenge, gum, inhaler, or nasal spray), or

Nicotrol (inhaler), or Nicotrol NS (nasal spray), or Generic Zyban, or Varenicline tartrate (Chantix)].

VIVA HEALTH Customer Service: (205) 558-7474 or 1-800-294-7780 | Visit our Website at www.vivahealth.com

Eligible Dependent:	Eligible Employee's lawful spouse and children of Eligible Employees under age 26 or disabled dependents who meet eligibility criteria. Dependents with a last name different from employee's must be verified as eligible through submission of a marriage or birth certificate with the enrollment application.
Pre-Existing Condition Policy:	No pre-existing condition exclusions or waiting period.
Nondiscrimination Notice:	VIVA HEALTH complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including sex characteristics, including interstitial intersex traits; pregnancy or related conditions; sexual orientation; gender identity; and sex stereotypes). VIVA HEALTH does not exclude people or treat them differently because of race, color, national origin, age, origin, age, disability, or sex
Language Assistance Services:	ATENCION: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-294-7780 (TTY: 711). 注意:如果您使用繁體中文,您可以免費獲得語言援助服務.請致電 1-800-294-7780 (TTY:711).

UAB means University Hospital, UAB Women and Infants Center, UAB Highlands, UAB St. Vincent's, The Kirklin Clinic, Medical West, UAB Callahan Eye Hospital, Spain Rehabilitation Center, and all UAB satellite clinics.