

University of South Alabama

Effective Dates: January 1, 2019 – December 31, 2019

Attachment A to Certificate of Coverage

The Plan's services and benefits, with their copayments, coinsurance, and some of the limitations, are listed below. Please remember that this is only a brief listing. For further information, plan guidelines, and exclusions, please see the Summary Plan Description. As a member of this plan, you have a limited provider network that includes the physicians associated with the University of South Alabama Health System. It also includes access to the entire VIVA HEALTH network of dermatology, ear, nose, and throat (ENT), ophthalmology, optometry, podiatry, chiropractic, pain management, allergy and immunology, mental health and substance use, endocrinology, urology, rheumatology providers, durable medical equipment, ancillary services, and select additional urgent care providers. These providers can be found in our provider directory, by calling Member Services, or by using our online provider search.

Please keep this Attachment A for your records.

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BENEFITS	COVERAGE
CALENDAR YEAR OUT-OF-POCKET MAXIMUM: The most a Member will pay per	
Calendar Year for qualified medical, mental, and substance use services, prescription	COVERAGE: INDIVIDUAL FAMILY
drugs, and specialty drugs. The maximum includes deductibles, copayments, and	MEDICAL: \$ 1,850 \$ 3,700
coinsurance paid by the Member for qualified services but does not include premiums,	PHARMACY: \$ 5,000 \$ 10,000
ancillary charges, or out-of-network charges over the Allowed Amount. See the	TOTAL: \$ 6,850 \$ 13,700
Summary Plan Description for details.	
PREVENTIVE CARE:	
Well Baby Care (Children under age 3)	
Routine Physicals (One per Calendar Year for ages 3+)	
Covered Immunizations	\$0 Copayment per visit
OB/GYN Preventive Visit (One per Calendar Year)	
Preventive Prenatal Care (As defined in the Summary Plan Description)	
Other preventive items and services (See the Summary Plan Description for more	
information)	
OTHER PRIMARY CARE SERVICES:	
Medical Physician Services	ćo Concernant norvisit
Illness and Injury	\$0 Copayment per visit
Hearing Exams X Bay and Laboratory Dracedures	
X-Ray and Laboratory Procedures	
SPECIALTY CARE: • Medical Physician Services	
Illness and Injury	\$0 Copayment per visit
OB/GYN Services	so copayment per visit
X-Ray and Laboratory Procedures	
URGENT CARE CENTER SERVICES ¹ :	
Medical Physician Services	\$0 Copayment per visit
Illness and Injury	șo copașment per visit
	pile Urgent Care and American Family Care. Outside of
¹ In Mobile and Baldwin counties, urgent care services are covered only at Greater Mob	
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BENEFITS	COVERAGE
DIABETIC SUPPLIES: For Diabetic Supplies call VIVA HEALTH. Injectable and oral diabetic	\$0 Copayment
medications covered under prescription drug rider.	30 copayment
REHABILITIATION SERVICES: Physical, Speech, and Occupational Therapy (Limited to 60	\$0 Copayment per visit/admission
visits each per Calendar Year. Cardiac Rehabilitation is limited to 36 visits per episode.)	
HABILITIATION SERVICES: Physical, Speech, and Occupational Therapy and Applied	
Behavior Analysis (ABA) [Limited to diagnosis of Autism, Autism Spectrum Disorder, or	
Pervasive Developmental Delay. ABA therapy subject to the following limits: maximum	\$0 Copayment per visit/admission
annual benefit of \$20,000 (ages 3-9 years), \$15,000 (ages 10-13 years), or \$10,000 (ages	
_14-18 years) and a lifetime limit of \$230,000.]	
HOME HEALTH CARE SERVICES: (Limited to 60 visits per Calendar Year)	\$0 Copayment per visit
HOSPICE SERVICES: (Limited to 180 days per lifetime)	\$0 Copayment per visit
CHIROPRACTIC SERVICES: (Limited to 60 visits per Calendar Year)	\$0 Copayment per visit
TEMPOROMANDIBULAR JOINT DISORDER (TMJ) PHASE I TREATMENT:	\$0 Copayment per service
SLEEP DISORDERS:	\$0 Copayment per visit/service
TRANSPLANT SERVICES:	\$0 copayment per service
MENTAL HEALTH & SUBSTANCE USE DISORDER SERVICES ² :	
Inpatient Services (limited to 30 days for mental health and 30 days for substance	
use disorder per calendar year and a lifetime limit of 60 days each)	\$0 Copayment per visit/service

•	Outpatient Services ³ (limited to 60 combined mental health and substance use
	disorder outpatient visits per member each year)

²Certain diagnoses are excluded from coverage. Treatment at a residential facility is not a covered service. See your Summary Plan Description for details. ³Limited to treatment in an outpatient facility or free-standing substance use disorder facility only.

PHARMACY BENEFITS

PHARMACY DEDUCTIBLE: Applies to all drugs except for oral contraceptives and other	\$100 per individual; \$300 aggregate amount per
preventive drugs required by the Affordable Care Act.	family

COVERED PRESCRIPTION DRUGS: Some medications may require prior authorization from VIVA HEALTH and specialty medications may be restricted to purchase from Accredo pharmacy. For further information, please contact VIVA HEALTH Customer Service at (205) 558-7474 or 1-800-294-7780. When generic is available, Member pays the difference between the generic and brand price ("ancillary charge"), plus Copayment. Ancillary charges do not count toward the out-of-pocket maximum. Check with your participating pharmacy to learn if it is eligible to offer a 90-day supply at retail.

PRESCRIPTION DRUG CARD:

Non-Maintenance Prescriptions Up to a 30 day supply at retail.

Maintenance Prescriptions up to a 90 day supply; one copay for <u>each</u> 30 day supply.

Mail Order requires only two copays for a 90-day supply with no shipping fee. Additional information may be obtained at 1-800-698-3757 or www.Express-Scripts.com.

Specialty Drugs may be administered in the home, physician's office, or on an outpatient basis. When these medications are received from Express Scripts, they must be ordered by calling 1-800-803-2523.

Benefits are not provided for fertility drugs.

EXPRESS SCRIPTS PARTICIPATING PHARMACY NETWORK:

Each prescription purchased from a Participating Pharmacy will be covered at 100% after the deductible with the following copays:

Tier	Туре	Copay per 30 day supply⁴
1	Generic	\$10
2	Preferred Brand	\$50
3	Non-Preferred Brand	\$75
4	Specialty	50%

⁴**Out-Of-Pocket Maximum:** The benefit increases to 100% of the Allowed Amount after the annual out-of-pocket maximum is met. The out-of-pocket limit is \$5,000 per individual not to exceed \$10,000 per family.

Insulin, needles, and syringes purchased on the same day will have one copay; otherwise, each has a separate copay.

Contraceptives are covered at 100% for all FDA approved contraceptives prescribed by a physician.

NON-PARTICIPATING PHARMACY:

Not covered. No benefits for prescriptions purchased at a non-Participating Pharmacy. A participating pharmacy is a pharmacy contracted with Express Scripts, Inc.

SMOKING CESSATION PRODUCTS:

100% coverage for up to 12 weeks without prior authorization per calendar year for generic Zyban, generic nicotine patch, gum, and lozenge, and nicotine inhaler or nasal spray. 100% coverage for up to 24 weeks without prior authorization per calendar year for varenicline tartrate (Chantix). Prior authorization must be obtained in order to access additional courses of treatment covered at 100%.

ALLOWED AMOUNT OR ALLOWANCE: The "Allowed Amount" or "Allowance" for all Covered Services is determined by the Claims Administrator. The Claims Administrator relies upon in-network provider negotiated rates to determine the relative value for services. The Allowed Amount may not correspond to the usual or customary charge made by a physician, hospital, dentist or other medical provider or by other physicians and medical providers in any geographic area.



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DENTAL BENEFITS, Administered by Southland Dental

The Dental Plan allows you to seek treatment from any licensed dentist. Please refer to the Southland Dental Member Handbook for covered benefits, limitations, and exclusions. The Dental Plan is included in the health plan premium for VIVA HEALTH and is administered by Southland Dental. There is no additional cost for this plan. For questions regarding the dental plan please contact **Southland Dental Customer Service at 1-800-476-3010**.

 Type I Diagnostic/Preventive Services Routine oral exams, Fluoride treatments (children under 19), Cleanings, X-Rays (limitations may apply), Sealants, Space Maintainers, and Prophylaxis 	100% coverage of Maximum Plan Allowance
 Type II Basic Services Fillings, Surgical Extractions, Palliative Services, General Anesthesia, and Endodontics (root canals) 	80% coverage of Maximum Plan Allowance
Type III Major Services • Major Restorative (crowns, bridges, and dentures), Denture Repair, and Periodontics 50% coverage of Maximum Plan Allowance	

Maximum Dental Benefit: \$1,250 Calendar Year limit for members age 19 and older. No Calendar Year limit for members age 18 and under. \$25 per person/\$75 per family per calendar year deductible applies to Basic and Major Services. Please refer to the dental schedule of benefits, limitations, and exclusions for full benefit descriptions. Time served on a prior carrier's dental plan with your current employer may be credited toward the Southland Dental plan's waiting periods

VIVA HEALTH Customer Service: (205) 558-7474 or 1-800-294-7780 Visit our Website at <u>www.vivahealth.com</u>

Eligible Dependent:	To be eligible to enroll as a Covered Dependent, a person must be listed on the enrollment application completed by the Subscriber, reside in the state of Alabama or with the Subscriber (exceptions apply), and meet additional qualifying criteria, please refer to the Summary Plan Description.	
Pre-Existing Condition Policy:	No pre-existing condition exclusions or waiting period.	
Nondiscrimination Notice:	VIVA HEALTH complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.	
Language Assistance Services:	: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-294-	
	7780 (TTY: 711).	
	注意:如果您使用繁體中文,您可以免費獲得語言援助服務.請致電 1-800-294-7780 (TTY:711).	