# **UTILIZATION MANAGEMENT MEDICAL POLICY**

POLICY: Oncology (Injectable – CAR-T) – Carvykti Utilization Management Medical Policy
Carvykti<sup>®</sup> (ciltacabtagene autoleucel intravenous infusion – Janssen Biotech)

**REVIEW DATE:** 03/05/2025

#### **OVERVIEW**

Carvykti, a B-cell maturation antigen (BCMA)-directed genetically modified autologous T-cell immunotherapy, is indicated for the treatment of relapsed or refractory **multiple myeloma** in adults after at least one prior line of therapy, including a proteasome inhibitor and an immunomodulatory agent, and are refractory to lenalidomide.<sup>1</sup>

### **Dosing Information**

Carvykti is supplied in one infusion bag containing a frozen suspension of genetically modified autologous T-cells in 5% dimethyl sulfoxide.<sup>1</sup> The bag is stored in the vapor phase of liquid nitrogen (-184°F). The recommended dose is a single infusion of 0.5 to 1.0 x  $10^6$  chimeric antigen receptor (CAR)-T cells per kg of body weight, to a maximum dose of 1 x  $10^8$  CAR-T cells.

### Guidelines

The National Comprehensive Cancer Network clinical practice guidelines for multiple myeloma (version 1.2025 – September 17, 2024) recommend Carvykti as a "Preferred Regimen" for the treatment of multiple myeloma in patients who have received at least one prior therapy including a proteasome inhibitor and an immunomodulatory agent, and are refractory to lenalidomide.<sup>2,3</sup> Carvykti is also recommended as a "Preferred Regimen" for the treatment of multiple myeloma in patients who have received three or more previous therapies.

### Safety

Carvykti has a Boxed Warning for cytokine release syndrome, immune effector cell-associated neurotoxicity syndrome, parkinsonism and Guillain-Barre syndrome, hemophagocytic lymphohistiocytosis/macrophage activation syndrome, prolonged and/or recurrent cytopenias, and secondary hematological malignancies.<sup>1</sup> Carvykti is only available through a restricted program under a Risk Evaluation and Mitigation Strategy (REMS) called the Carvykti REMS.

### **POLICY STATEMENT**

Prior Authorization is recommended for medical benefit coverage of Carvykti. Approval is recommended for those who meet the **Criteria** and **Dosing** for the listed indication. Because of the specialized skills required for evaluation and diagnosis of patients treated with Carvykti as well as the monitoring required for adverse events and long-term efficacy, approval requires Carvykti to be prescribed by or in consultation with a physician who specializes in the condition being treated. The approval duration is 6 months to allow for an adequate time frame to prepare and administer 1 dose of therapy.

Automation: None.

## **RECOMMENDED AUTHORIZATION CRITERIA**

Coverage of Carvykti is recommended in those who meet the following criteria:

### **FDA-Approved Indication**

- 1. Multiple Myeloma. Approve a single dose if the patient meets ALL of the following (A, B, C, D, and E):
  - A) Patient is  $\geq 18$  years of age; AND
  - **B)** Patient meets ONE of the following (i <u>or</u> ii):
    - i. Patient meets BOTH of the following (a <u>and</u> b):
      - a) Patient has received one or more lines of systemic therapy, including one therapy from BOTH of the following [(1) and (2)]:
        - (1) Immunomodulatory agent; AND <u>Note</u>: Immunomodulatory agents include Thalomid (thalidomide capsules), lenalidomide capsules, and Pomalyst (pomalidomide capsules).
        - (2) Proteasome inhibitor; AND <u>Note</u>: Proteasome inhibitors include bortezomib injection, Kyprolis (carfilzomib intravenous infusion), and Ninlaro (ixazomib capsules).
      - **b)** Patient is refractory to lenalidomide; OR
    - ii. Patient has received at least three prior lines of therapy; AND
  - C) Patient has received or plans to receive lymphodepleting chemotherapy prior to infusion of Carvykti; AND
  - D) Patient has <u>not</u> been previously treated with chimeric antigen receptor (CAR-T) therapy; AND <u>Note</u>: Examples of CAR-T therapy includes Carvykti, Abecma (idecabtagene vicleucel intravenous infusion), Breyanzi (lisocabtagene maraleucel intravenous infusion), Kymriah (tisagenlecleucel intravenous infusion), Tecartus (brexucabtagene intravenous infusion), and Yescarta (axicabtagene intravenous infusion).
  - E) The medication is prescribed by or in consultation with an oncologist.

**Dosing.** Approve up to  $1 \times 10^8$  CAR-T cells administered intravenous as a single dose.

## **CONDITIONS NOT RECOMMENDED FOR APPROVAL**

Coverage of Carvykti is not recommended in the following situations:

1. Coverage is not recommended for circumstances not listed in the Recommended Authorization Criteria. Criteria will be updated as new published data are available.

### REFERENCES

- 1. Carvykti intravenous infusion [prescribing information]. Horsham, PA: Janssen Biotech; April 2024.
- 2. The NCCN Drugs & Biologics Compendium. © 2025 National Comprehensive Cancer Network. Available at: <u>http://www.nccn.org</u>. Accessed on February 24, 2025.
- 3. The NCCN Multiple Myeloma Clinical Practice Guidelines in Oncology (version 1.2025 September 17, 2024). © 2024 National Comprehensive Cancer Network. Available at: <u>http://www.nccn.org</u>. Accessed on February 24, 2025.

# HISTORY

Type of Revision	Summary of Changes	<b>Review Date</b>
Annual Revision	No criteria changes.	03/22/2023
Annual Revision	No criteria changes.	03/20/2024
Selected Revision	Multiple Myeloma: Changed patient has received four or more lines of systemic	05/29/2024
	therapy from requirement to option for approval. New option for approval added	
	that the patient has received one or more lines of systemic therapy including an	
	immunomodulatory agent and a proteasome inhibitor, and is refractory to	
	lenalidomide.	
Annual Revision	Multiple Myeloma: Removed patient has received four or more lines of systemic	03/05/2025
	therapy, including one from each of the following as an option for approval. Added	
	patient has received at least three prior lines of therapy as an option for approval.	