

## Diabetic Testing Supplies – Updated January 1, 2022

- Diabetic testing supplies are covered at no cost to you.
- No prior authorization is needed for standard quantities of diabetic supplies.
- VIVA MEDICARE follows Medicare guidelines for standard test strip and lancet quantities:
  - Up to 300 test strips and 300 lancets every 3 months for insulin users
  - Up to 100 test strips and 100 lancets every 3 months for non-insulin users
- If it's medically necessary, your doctor may prescribe more than the standard number of test strips and lancets.
- You will need a prescription from your doctor to order your diabetic testing supplies. Getting supplies from more than one doctor at the same time is not allowed. There are several ways to get diabetic testing supplies, as shown below, but you may only use one source at a time.

## 1. At a network Durable Medical Equipment (DME) supplier:

- Check the provider directory for your provider system for local and mail order suppliers where you can get most brands of test strips and monitors.
- Examples of some common Durable Medical Equipment (DME) providers include:
  - The Diabetes Store: 205-263-3951
  - Edgepark: 1-800-321-0591
  - Valentines: 205-879-7333
- Many of these providers will ship directly to your home and shipping is free.
- You can order any brand of diabetic supplies (monitor, test strips, lancets, and glucose control solution).

## 2. <u>At a network pharmacy (only on plans that include Part D prescription drugs - not for members</u> on the VIVA MEDICARE Select plan):

- Blood Sugar Test Strips and Monitors:
  - You can get any Accu-Chek brand diabetic testing supplies at any network pharmacy that stocks them.
  - Examples of Accu-Chek brand supplies may include:
    - Accu-Chek Aviva Meter and Aviva Plus Test Strips
    - Accu-Chek Guide Meter and Guide Test Strips
    - Accu-Chek SmartView (for Nano) Test Strips
- Other Testing Supplies Available at Network Pharmacies:
  - Lancet devices and lancets (any brand)
  - Glucose control solutions (any brand)

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