

The background is a soft watercolor illustration. The upper half shows a dense forest of green trees with varying shades of green and blue. Below the trees is a calm river, depicted with horizontal strokes of light and dark green. In the foreground, there are clusters of yellow and white flowers, possibly daisies or wildflowers, with green foliage. The overall style is painterly and serene.The logo consists of a stylized cross shape formed by several small, dark green squares of varying sizes.

VIVA MEDICARE

2026 Calendar

**Check inside for your Wellness Wallet Card to
help you be as healthy as you can.**

If extra wellness cards are needed for a friend or family member, call
Member Services at the number on the back of this calendar.

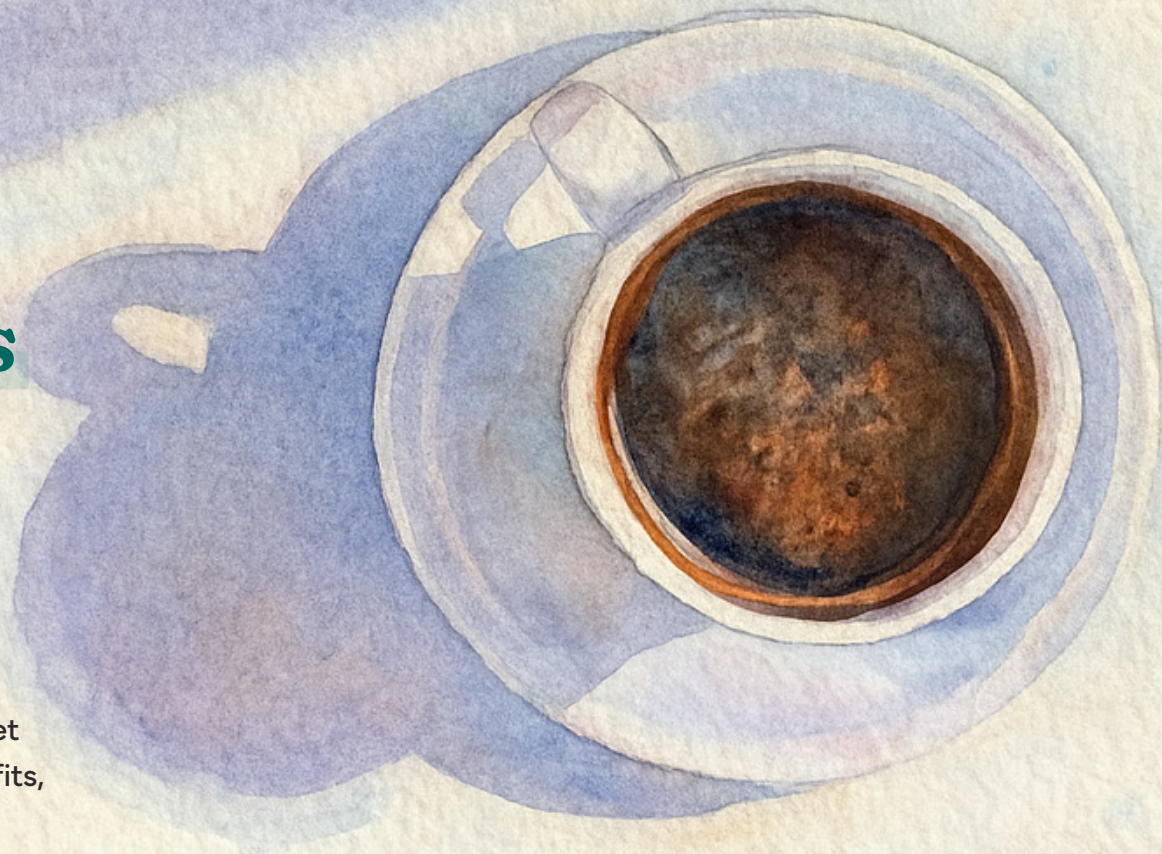
Cahaba River, West Blocton, Alabama

VISIT US AT ONE OF OUR

VIVA HEALTH Cafés

The VIVA HEALTH Cafés are in Alabama neighborhoods across the state.

Attend a café event, stop by to ask a question, or get help signing up for the member portal, NationsBenefits, home delivery pharmacy, and much more.



HOOVER

1550-K Montgomery Hwy.
Birmingham, AL 35216

205-978-4911

MOBILE

3059 Dauphin St.
Mobile, AL 36606

251-380-2222

MONTGOMERY

8101 Decker Lane, Ste. C
Montgomery, AL 36117

334-272-8882

Hours: Monday - Friday, 8am - 5pm

January



Lake Guntersville State Park has hosted Eagle Awareness Weekends every January for over 40 years.

January is the best time to see bald eagles in Alabama, as it's the peak of their nesting season and many migrate here for winter. Eagle Awareness Weekends began at Lake Guntersville State Park in 1985 to support Alabama's Bald Eagle Restoration Program. Visitors can see live eagles, join guided trips to spot them in the wild, and hear talks from experts. Each year, families come to admire these birds and learn how to help protect them.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	01 New Years Day VIVA HEALTH offices closed	02	03
 04	05	06	07	08	09	10
 11	12	13	14	15	16	17
 18 Martin Luther King Jr. Day VIVA HEALTH offices closed	19	20	21	22	23	24
 25	26	New to VIVA MEDICARE? Join us to learn about your 2026 benefits. Hoover Café Montgomery Café Mobile Café Check your invitation or call your local Café for times.			30	31


 Refill your pillbox

January

Your Annual Wellness Visit Benefit

Start the new year off right by seeing your Primary Care Provider (PCP) for your Annual Wellness Visit. Your PCP is the provider who manages your care. His or her name and phone number are on your VIVA MEDICARE ID card. Your Annual Wellness Visit is covered by your VIVA MEDICARE plan at no cost to you. Call today to make your appointment.

FEBRUARY						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

February



Mobile is recognized as the birthplace of Mardi Gras celebrations in the United States, with their origins dating back to 1703.

French settlers in Mobile were the first to bring the festivities to America, before they began in New Orleans. The celebrations were revived after the Civil War by Joe Cain, who led an impromptu parade. Today, Mobile's Mardi Gras is known for its elaborate parades, mystic societies, and traditions, including the celebration of Joe Cain Day.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02	03	04	05	06	07
	Groundhog Day					
08	09	10	11	12	13	14
						Valentine's Day
15	16	17	18	19	20	21
	Presidents' Day				National Caregivers Day	
22	23	24	25	26	27	28
01	02	03	04	05	06	
						MARCH S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

 Refill your pillbox

February

Your Pharmacy Team

VIVA MEDICARE has an entire department focused on your pharmacy benefits. The pharmacy team is made up of pharmacists and pharmacy technicians who are experts on prescription and over-the-counter drugs. If you have questions about your copays, your drug list, or drugs you're taking and would like to talk to someone on the pharmacy team, call **Member Services at 833-760-0657**. They will take your name and number and a pharmacy team member will call you back.

March



March is the peak month to see azaleas in full bloom, especially at places like Bellingrath Gardens in Theodore, Alabama.

Mobile, widely known as the Azalea City, earned its nickname thanks to the thousands of colorful azalea bushes that bloom across the city each spring. The first azaleas were brought to Mobile from Toulouse, France, in the 1750s, and by the 1920s, the city began planting them in large numbers. In 1929, the Azalea Trail was created as a scenic route showcasing the city's most beautiful azalea blooms.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02	03	04	05	06	07
		Heart Health Event Hoover Café: 10am-12pm	Heart Health Event Montgomery Café: 10am-12pm	Heart Health Event Mobile Café: 10am-12pm		
08	09	10	11	12	13	14
Daylight Savings Time Begins						
15	16	17	18	19	20	21
		St. Patrick's Day				
22	23	24	25	26	27	28
29	30	31	01	02	03	04


 Refill your pillbox

March

Your 24 Hour Nurse Line

The 24-hour Nurse Line is a great place to get answers to many basic health questions about illnesses or injuries any time, day or night, 365 days a year. If you have mild symptoms or have questions about a drug you are taking, there’s no need to wait or worry.

The 24-hour Nurse Line can help. Call toll free: 833-605-1511 | TTY users, call:711.

APRIL						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

April



**April in Alabama brings the start
of art festival season.**

Two large art festivals are the Magic City Art Connection in Birmingham and the Panoply Arts Festival in Huntsville. Both festivals draw large crowds eager to see works of art, hear live music, eat local foods, and kick off the spring season.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	01	02	03	04
			April Fools' Day		Good Friday	
05	06	07	08	09	10	11
Easter		Cybersecurity for Seniors Hoover Café: 10am-12pm	Cybersecurity for Seniors Montgomery Café: 10am-12pm	Cybersecurity for Seniors Mobile Café: 10am-12pm		
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	01	MAY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31


 Refill your pillbox

April

Your Gym and Fitness Benefit

As the weather starts to warm up, it’s the perfect time to get in the groove of moving your body every day. If you haven’t signed up for the Silver&Fit® Healthy Aging and Exercise Program, you’re missing out on a great program designed for older adults and people on Medicare. Best of all, membership is included with every VIVA MEDICARE plan.

Visit SilverandFit.com to search for a gym near you and learn more about Home Fitness Kits and online classes. You can also call Silver&Fit at 1-877-427-4788 (toll-free) | TTY users: 711, Monday - Friday, 7am - 8pm.

May



Visit Decatur, the ballooning capital of Alabama.

The Alabama Jubilee Hot Air Balloon Classic is one of the oldest and most exciting balloon festivals in the Southeast. Held every year on Memorial Day weekend in Decatur, Alabama, this free event began in 1978 and has grown into a must-see celebration.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	01	02
 03	04	05	06	07	08	09
 10	11	12	13	14	15	16
Mother's Day						Armed Forces Day
 17	18	19	20	21	22	23
 24	25	26	27	28	29	30
31	Memorial Day VIVA HEALTH offices closed					

 Refill your pillbox

May

Your Dental and Eyewear Benefit

You have an allowance to use for dental services you may need, like cleanings, fillings, dentures, and even implants. You also have an eyewear allowance to use towards eye glasses, contacts, or contact lens fittings.

Log in to the VIVA HEALTH Member Portal to check your balances at VivaMembers.com today.

JUNE						
S	M	T	W	T	F	S
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

June



Alabama Shakespeare Festival – A Legacy on Stage

The Alabama Shakespeare Festival (ASF), located in Montgomery, is one of the largest and most respected Shakespeare festivals in the United States. Founded in 1972, the ASF has grown from a modest regional theater company into a nationally recognized institution that presents a wide range of classical and contemporary works alongside Shakespeare's timeless plays. While in Montgomery, visit the Alabama State Capitol, which was declared a National Historic Landmark on December 19, 1960.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 31	01	02 Member Appreciation Event Hoover Café: 10am-12pm	03 Member Appreciation Event Montgomery Café: 10am-12pm	04 Member Appreciation Event Mobile Café: 10am-12pm	05	06
 07	08	09	10	11	12	13
 14 Flag Day	15	16	17	18	19 Juneteenth VIVA HEALTH offices closed	20
 21 Father's Day	22	23	24	25	26	27
 28	29	30	01	02	03	JULY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



Refill your pillbox

June

Local Voices, Trusted Care

Did you know when you call VIVA MEDICARE Member Services or talk to someone on our pharmacy, claims, or care management teams, you’re talking to someone who lives and works in Alabama? At VIVA MEDICARE, we know the challenges Alabama seniors face because we are your neighbors, and we truly love helping you in your health care journey.



July

Celebrate Independence Day with a Bang!

From the Celebration on the River in Tuscaloosa to fireworks at Smith Lake Park in Cullman, Alabama's lakes and rivers are a great place to gather with friends and family for any holiday. Remember to wear your sunscreen and your life vest when out on the water.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	01	02	03	04
					VIVA HEALTH offices closed	Independence Day
05	06	07	08	09	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	AUGUST S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

 Refill your pillbox

July

Your Preventive Care Benefits

VIVA MEDICARE pays for many types of screenings to help you stay healthy and catch diseases early. Talk to your Primary Care Provider to see if you have any screenings due this year.

- ✓ Colonoscopy
- ✓ Diabetes
- ✓ Depression
- ✓ Cholesterol
- ✓ Breast and Cervical Cancer (for women)
- ✓ Prostate (for men)



August

It's National Peach Month!

Chilton County is the peach capital of Alabama, producing over 15 million pounds of peaches each year. Chilton County has a long history of peach growing, dating back to the 1850s. Peach trees cover about 3,500 acres across the county. Other Alabama counties known for their peaches are Blount, Houston, Limestone, and Mobile.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SEPTEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	27	28	29	30	31	01
 02	03	04	05	06	07	08
 09	10	11	12	13	14	15
 16	17	18	19	20	21	22
 23 30	24 31	25 Healthy Living Event Hoover Café: 10am-12pm	26 Healthy Living Event Montgomery Café: 10am-12pm	27 Healthy Living Event Mobile Café: 10am-12pm	28	29


 Refill your pillbox

August



Scan here!



Your Member Portal

The VIVA HEALTH Member Portal lets you see your medical and pharmacy claims, track your spending, see how much allowance money you have left, and much more. The member portal is safe and secure. Sign up for or log into the portal at VivaMembers.com today.



September

Visit Muscle Shoals – The “Hit Recording Capital of the World” and home of the North Alabama State Fair

Located in Northwest Alabama, Muscle Shoals has a rich history in the music industry, with FAME Recording Studio, Muscle Shoals Sound Studio, and other local studios attracting many famous artists and bands in the 1960s, including Aretha Franklin, the Rolling Stones, and Lynyrd Skynyrd.

It's also where the North Alabama State Fair has taken place each September for more than 90 years.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																										
30	31	01	02	03	04	05																																										
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	Labor Day VIVA HEALTH offices closed				Patriot Day																																											
 13	14	15	16	17	18	19																																										
Grandparents' Day																																																
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 Refill your pillbox

September

Your Free Flu Shot

Because the flu virus changes each year, it's important to get vaccinated every year. Getting the flu shot is best way to protect yourself, and your friends and family, from serious illness. It takes about two weeks for the vaccine to become fully effective, so getting your shot early is key.

Your flu shot is covered at no cost. Visit any network provider or pharmacy to get yours.



October

The Great Alabama 650 is the longest paddle race in the United States.

The Great Alabama 650 covers 650 miles of the Alabama Scenic River Trail from Weiss Lake in northeast Alabama to Fort Morgan on the Gulf Coast. Each October, contestants travel Alabama's rivers and lakes facing strong currents, rapids, and open water. Racers use kayaks, canoes, or paddle boards to complete the course, choosing the type of boat that best fits their skills and strategy.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	01	02	03
04	05	06	07	08	09	10
		Member Appreciation Event & New Benefits Overview <i>Hoover Café Montgomery Café Mobile Café</i> Check your invitation or call your local Café for times.				World Mental Health Day
11	12	13	14	15	16	17
	Columbus Day					
18	19	20	21	22	23	24
25	26	27	28	29	30	31
						Halloween


 Refill your pillbox

October

Your VCare Benefit

VCare is a free wellness program that helps members with chronic conditions, like diabetes or high blood pressure, stay as healthy as possible. Your doctor may refer you to VCare, or you can refer yourself.

Call VCare at 855-MY-VCARE (855-698-2273), Monday-Friday, 8am-5pm. VCare is available at no cost to you.

NOVEMBER						
S	M	T	W	T	F	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

November



Visit Dothan, Alabama, for the National Peanut Festival.

The National Peanut Festival is held in Dothan, Alabama, each fall to honor local peanut farmers and to celebrate the harvest season. Located in the southeast corner of the state, Dothan is known as the “Peanut Capital of the World” and is a prime location for growing peanuts. Most of the peanuts grown in the United States are grown within a 100-mile radius of Dothan.

A first festival honoring the peanut was held on a freezing cold day on November 10, 1938. The guest speaker was Dr. George Washington Carver from the Tuskegee Institute who gained worldwide fame with his development of over 300 products from the peanut. The peanut festival was celebrated each year through 1941, but was postponed until after World War II. In 1947, the first post-war festival was held and has continued every year since.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																										
 01 Daylight Savings Time Ends	02	03	04	05	06	07																																										
 08	09	10	11 Veterans Day	12	13	14																																										
 15	16	17	18	19	20	21																																										
 22	23	24	25	26 Thanksgiving VIVA HEALTH offices closed	27 VIVA HEALTH offices closed	28																																										
 29	30	01	02	03	04	DECEMBER <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
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 Refill your pillbox

November

Your VIVA MEDICARE team is grateful for you!

As we celebrate Thanksgiving this month, VIVA MEDICARE wants to send you a special thank you and let you know how grateful we are that you chose us to be your health care partner.

If you have any questions about your benefits, we are right here in Alabama and ready to take your call at 833-760-0657. TTY users, dial 711.

December



20 Years of Magic: The Nutcracker®

The Alabama Ballet has been performing George Balanchine's The Nutcracker® for over 20 years. As one of only a few ballet companies licensed to perform this version, Alabama Ballet brings world-class talent to the BJCC Concert Hall each December. With dazzling costumes, beautiful dancing, and live music from the Alabama Symphony Orchestra, it's a magical celebration of the season that showcases some of the state's finest performing arts.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	01	02	03	04	05
 06	07	08	09	10	11	12
 13	14	15	16	17	18	19
 20	21	22	23	24	25	26
					Christmas Day VIVA HEALTH offices closed	
 27	28	29	30	31	01	JANUARY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
			New Year's Eve			

 Refill your pillbox

December

We look forward to helping you in 2027!

If your VIVA MEDICARE plan has any copay or benefit changes, you will start seeing them in January. Make sure to get any end-of-the-year prescriptions filled before December 31, 2026.

Have a wonderful holiday season and happy New Year!



417 20th Street North Ste 1100
Birmingham, AL 35203

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Enjoy life without the worry!

VIVA MEDICARE Member Services

833-760-0657 (toll-free) | TTY: 711

Hours: Mon - Fri, 8am - 8pm (Oct 1 - Mar 31: 7 days a week, 8am - 8pm)

The Silver&Fit program is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated (ASH). Silver&Fit is a trademark of ASH and used with permission herein. Viva MEDICARE is an HMO plan with a Medicare contract and a contract with the Alabama Medicaid Agency. Enrollment in Viva Medicare depends on contract renewal.
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