



New Preventive Services Covered by Medicare for 2012

The following services (or benefits) are now covered for VIVA MEDICARE members at no cost to you, our member:

Alcohol misuse screening and behavioral counseling: One visit per year to your personal care physician (PCP) to screen for alcohol misuse. If you screen positive for alcohol misuse, the benefit also includes four behavioral counseling sessions per year by your PCP.

Depression screening: One visit per year to your PCP to screen for depression.

Cardiovascular disease risk reduction visit: One visit per year to your PCP to receive counseling for aspirin use, screening for high blood pressure and counseling to promote a healthy diet.

Screening and counseling for sexually transmitted infections: The available screenings depend on the member.

- Pregnant women are eligible for chlamydia, gonorrhea, syphilis and hepatitis B screening.
- Women at increased risk are eligible chlamydia and gonorrhea screenings
- Men at increased risk are eligible syphilis screening

Screenings are to be done by your PCP or OB/GYN. The service also covers appropriate laboratory tests and two, 20 to 30 minute, counseling sessions per year with your PCP for sexually active adolescents and adults at increased risk for sexually transmitted infections. Your PCP can tell you if you are at increased risk.

Screening and counseling for obesity: One body mass index (BMI) screening per year by your PCP. If your BMI is 30 or greater, you may have one face-to-face counseling visit weekly for one month with your PCP and one face-to-face counseling visit every other week for an additional five months. If you lose at least 6.6 pounds during the first six months of counseling, you may have one additional face-to-face counseling visit per month for an additional six months. All of the counseling for this benefit is administered by your PCP.

For more information on these benefits please contact Medicare Member Services at 1-800-633-1542 or 918-2067. TTY users call 711. Office hours are Monday-Friday 8 a.m.-8 p.m (From October 1st-Feb 14th, Monday-Sunday 8 a.m.-8 p.m.).